

# seven generations massage & birth

Pelvic Wellness & Fertility • Pre and Peri Natal, Postpartum & Infant Massage • Therapeutic Medical Massage  
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## Confidential Client Information & Informed Consent

### Personal Contact Information:

Name: \_\_\_\_\_ e-mail address: \_\_\_\_\_ e-list? (Y/N) \_\_\_\_\_  
Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer/Industry: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

### How did you find out about this practice?

\_\_\_ Referred by friend/family. Who? \_\_\_\_\_  
\_\_\_ Referred by healthcare provider (ie. Physician, Chiropractor, Acupuncturist, PT, other) Who? \_\_\_\_\_  
\_\_\_ On-line search engine (i.e.: Google)  
\_\_\_ Other. Kindly specify: \_\_\_\_\_

### Personal Health History: Indicate with an "X" if you have or have ever had any of the following conditions/illnesses/problems?

- |                             |                          |                                  |
|-----------------------------|--------------------------|----------------------------------|
| ___ Heart Condition         | ___ Convulsions          | ___ Digestive Problems           |
| ___ High/Low Blood Pressure | ___ Muscle/Joint Pain    | ___ Skin Problems                |
| ___ Phlebitis               | ___ Osteoporosis         | ___ Respiratory Problems         |
| ___ Hemophilia              | ___ Arthritis            | ___ Infectious Diseases          |
| ___ Diabetes                | ___ Headaches            | ___ Other, please specify: _____ |
| ___ Cancer                  | ___ Circulatory Problems | _____                            |

If you know or suspect you are pregnant, how many weeks along are you? Is this your first pregnancy?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently under the care of a physician, chiropractor or therapist? \_\_\_\_\_  
If YES, for what? \_\_\_\_\_  
If NO, list date of last physical \_\_\_\_\_

List current medications (including those delivered by patch) and/or herbal supplements and purpose:  
\_\_\_\_\_  
\_\_\_\_\_

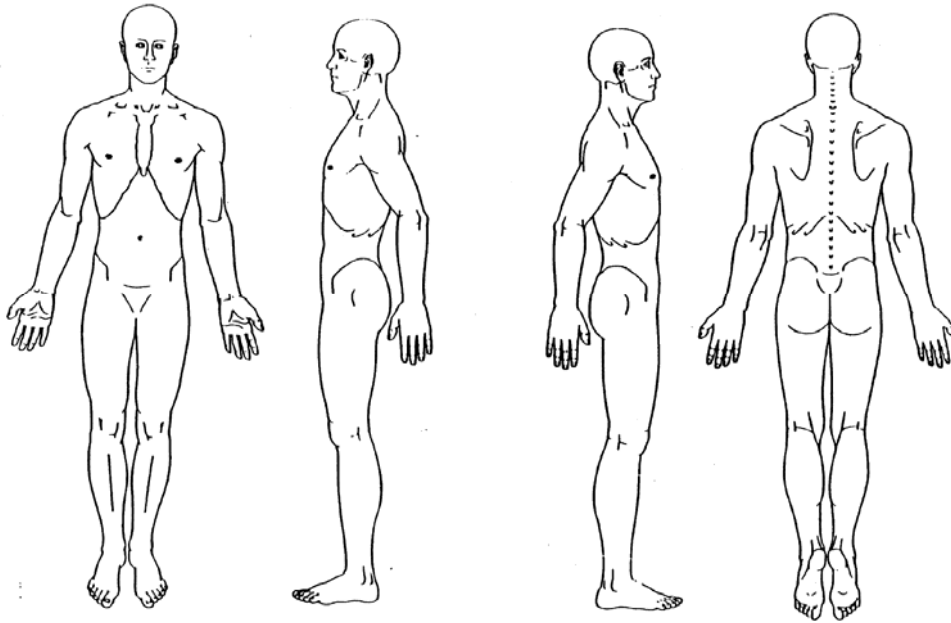
Describe and date ALL past surgeries, accidents: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any chronic body discomforts: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Previous professional massage/bodywork therapies received: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Reason for scheduling your massage session today: \_\_\_\_\_

If you are experiencing discomfort, draw on the figures below to indicate where you are feeling it on your body.



**My Informed Consent.** I \_\_\_\_\_ (client) understand and agree that: (please initial)

\_\_\_\_\_ The general benefits of massage, possible massage contraindications and the treatment procedure have been explained to me by my massage therapist.

\_\_\_\_\_ My massage therapist does not diagnose illness, disease, or any other medical, physical or mental disorder, nor perform spinal manipulations.

\_\_\_\_\_ Massage therapy is not a substitute for medical treatment, and I am responsible for consulting a qualified physician for any physical ailments that I may have.

\_\_\_\_\_ It is necessary that my massage therapist be aware of any existing physical conditions that I have. I have listed all my known medical conditions, medications and physical limitations. I will update my massage therapist on any changes.

\_\_\_\_\_ My therapist reserves the right to decline, discontinue, or restrict services based on any information I have provided in this form or during a follow-on session intake interview that may indicate that massage therapy would put my health or my therapist's health at risk.

\_\_\_\_\_ Any and all information collected during massage therapy sessions remains confidential and shall not be released without my written consent.

\_\_\_\_\_ It is only fair to me and to my therapist that I speak up at any time during my session if I have concerns or questions.

\_\_\_\_\_ All therapeutic massage is non-sexual. I understand that sexual activity is prohibited within the therapist-client relationship regardless of who initiates such activity. Should the therapist or client make advances or have sexual intentions relating to the massage, both parties have the right and the responsibility to terminate the session.

\_\_\_\_\_ All services rendered to me are charged directly to me and I am responsible for payment unless prior arrangements have been made. If I need to cancel or reschedule my appointment I will give my therapist 24 hour notice. I agree to pay the full value of the session price should I cancel without notice. I understand that cancellations within an hour of the session may be subject to partial payment.

***The information provided on this confidential intake form is correct to the best of my ability. I have read, understand and will uphold all policies.***

Signature \_\_\_\_\_ Date \_\_\_\_\_